

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: STZC

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M FREESTYLE MIXED 10-9				Heat:2, starttime: 14:13
Heat: 2/6 Lane : 2 Athlete: THYS LUCIE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9				Heat:3, starttime: 14:14
Heat: 3/6 Lane : 2 Athlete: NEVEN MORRIS				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:22
Heat: 2/11 Lane : 3 Athlete: WANTEN LAURA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:44
Heat: 1/8 Lane : 2 Athlete: VANSTRAELEN JULIAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:44
Heat: 1/8 Lane : 5 Athlete: PUTTEMANS JULES					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:46
Heat: 2/8 Lane : 3 Athlete: DELSIENE STAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:46
Heat: 2/8 Lane : 5 Athlete: VRANKEN IAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:1, starttime: 15:25	
Heat: 1/4 Lane : 2 Athlete: VRANKEN IAN					Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time				
	2 5 M		5 0 M				
PB			no time				
	no time						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+							Heat:1, starttime: 15:25	
Heat: 1/4 Lane : 5 Athlete: DELSIENE STAN						Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:26	
Heat: 2/4 Lane : 5 Athlete: PUTTEMANS JULES							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9						Heat:2, starttime: 15:33	
Heat: 2/6 Lane : 4 Athlete: THYS LUCIE						Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

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Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 15:36
Heat: 3/6 Lane : 3 Athlete: NEVEN MORRIS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:51	
Heat: 2/9 Lane : 2 Athlete: WANTEN LAURA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:22	
Heat: 1/7 Lane : 4 Athlete: VANSTRAELEN JULIAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: